

Curriculum Vitae

Md. Shahadat Hossain

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Career Goal

To introduce self in a challenging environment and to obtain an interesting field of studies to utilize my ability, academic background and professional activity for the development of the concerned discipline and my career.

Educational Qualifications

Exam Title	Major	Institute	Result	Passing Year
Master of Science (Specialization in Clinical and Counseling Psychology)	Department of Psychology	Jagannath University	CGPA: 3.94 (out of 4)	2017
Bachelor of Science	Department of Psychology	Jagannath University	CGPA: 3.82 (out of 4)	2016
H.S.C	Science	<u>Dhaka Bigyan College, Dhaka</u>	G.P.A: 4.60 (out of 5)	2011
S.S.C	Science	<u>Shampur Bohumukhi High School, Dhaka.</u>	G.P.A: 5.00 (out of 5)	2009

Publication

1. Hossain, M. S., Muhammad, N., & Rathi, S. R. (2021). Effectiveness of cognitive-behavior group therapy (CBGT) in reducing social anxiety. *Jagannath University Journal of Science*, 7(2), 47-53.
2. Hossain, M. S., & Saifuddin, K. (2020). Association of cigarette smoking behavior with. anxiety, Depression, and Stress. *Jagannath University Journal of Psychology*, 10(1), 01-10.

Training

- Basic Counseling Skill Training Programme, HEQEP, The World Bank, 2018
- Cognitive Behavior Therapy (CBT), Jagannath University, 2018
- Transactional Analysis, Jagannath University, Bangladesh, 2018
- Dialectical Behavior Therapy, Jagannath University, Bangladesh, 2018
- Anger Management, Jagannath University, Bangladesh, 2018
- Stress Management, Jagannath University, Bangladesh, 2018
- Level A: Basic Psychometrics, Bangladesh Psychometric Society, 2021.

Research Interest

Clinical Psychology, Counseling Psychology, Research Method, Test Construction and Adaptation, and Developmental Psychology.

Computer Skills

Statistical Software: SPSS, DATAtab.

Office Package: Microsoft Office (Microsoft Word, Excel, PowerPoint, Access).

Language Proficiency

Excellent command over English and Bengali with writing, reading, listening & speaking ability.

Fellowship

National Science and Technology (NST) Fellowship (2019-2020) for the research titled “Effectiveness of Cognitive-Behavior Group Therapy (CBGT) in Reducing Social Anxiety”

Expertise

- Research works
- Data analysis
- Presentation and workshop
- Group work
- Interpersonal and communication skills